

This school is a place where everyone has the right to be themselves. It is a place where everyone can feel safe, be happy and learn. Everyone at our school is equal and acts with respect and kindness towards each other. Our school is a bully-free place.



Anti-Bullying Policy

Rainhill St Ann's
Church of England
Primary School

"Always our best for God, each other and ourselves."



What is bullying?

Bullying is when a person is hurtful or unkind to someone else, **on purpose and more than once**. Bullying can be done by one person or a group of people and can be towards one person or a group of people.

SEVERAL TIMES ON PURPOSE

Bullying can be:



- Hitting someone or threatening
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out
- Sending hurtful or unkind texts, emails or online messages

Bullying can be about:

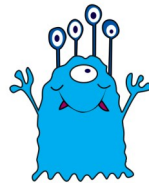


- Race or ethnicity
- Religion or belief
- Family and culture
- Sexist bullying— bullying someone because of their gender
- Homophobic / Biphobic bullying— saying unkind or nasty things because someone is lesbian, gay or bisexual
- Transphobic bullying— saying unkind things because someone is trans
- Special educational needs or disability
- What someone looks like or where they live

Why does bullying happen?

Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and bullies try to make them feel worse about themselves. If you are being bullied remember that it is **NEVER your fault**.

Where does bullying happen?



Bullying can happen at school, after school and online.

What should I do if I think someone is being bullied?

Talk to the person and ask if they're ok and try to find out if they are being bullied. If they are, ask if you can help them talk to a teacher or an adult they trust.

What should I do if I am being bullied?

If you are being bullied it is important to tell someone that you trust. Tell an adult or friends, either at school or at home. If you have already told an adult about bullying you can still tell them again. You can:

- Tell a teacher (your class teacher, Mrs Edwards or any other teacher)
- Tell an anti-bullying buddy who will be able to help you
- Tell any other adult staff in school— such as dinner ladies or teaching assistants
 - Tell an adult at home
- You can also call Childline at any time for free on 0800 1111.