



Transition Home Learning Pack Summer 2 - EYFS

Below you will find a table that provides guidance on how to support your children with their learning over the next 8 days. This is a guide only and it is entirely dependent on your circumstances at home.

As with the previous Home Learning packs please continue to email in your child's work to your current year group email address – rsa.eyfs-v1@three-saints.org.uk and we will forward this onto your new class teacher!

As well as the suggested activities included in this Home Learning pack, each class also has two exciting videos to watch. One video will reveal your child's new teacher is and the other is a video of your new teacher reading you a story! Both of these videos can be found on our St Ann's YouTube Channel from Monday 13th July until Friday 17th July. **All videos will be removed at 3pm on Friday 17th July.**

Who will your new teacher be in Year 1?

Children currently in EYA: please look for two videos titled 'EYA moving to Year 1 – New Teacher' and 'EYA moving to Year 1 – Storytime'
Children currently in EYT: please look for two videos titled 'EYT moving to Year 1 – New Teacher' and 'EYT moving to Year 1 – Storytime'

We have also attached a 'Supporting your Child's Transition into Year 1' document which can be found at the back of this pack.

Reception, you have all had such a brilliant year and should feel very proud of yourselves as you prepare for your move into Year 1!



Question and Answer time!



If your child has a question that they would like to ask their new Class Teacher we would like them to email their question/s in using their current year group inbox (we will send the questions on).

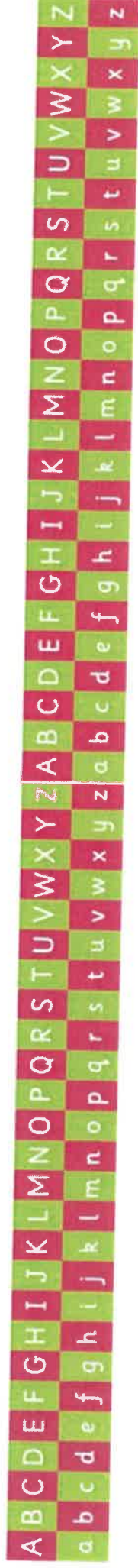
Please send your child's questions in before 3pm on Monday 13th July

Your child's new Class Teacher will answer each question and these answers will be available for you to read or listen to, with your child, on Friday 17th July.

More communication on how we will make these available will follow soon.

We look forward to seeing your questions!

	Maths	English	Common Exception words	Curriculum	Additional activities
DAY 1	Maths Activity Mat Exploring Patterns Numbots	<i>Make sure you watch the video from your new Class Teacher.</i> Your new teacher would like you to write them a letter! Use the guidance so that you know what we would like you to include! Don't forget to email your letter in so that your new teacher can print it for your new classroom. Bug Club	Use one of our spelling games 'Rainbow Writing Activity' to help you to learn these five words. am like mum dad cat	Animal adventure Complete the attached sheet to show your findings	Video introducing your new Class Teacher!



Transition English—July 2020 (Guidance for Our Parents)

Dear Parent/Carer

Please help your child to complete a letter to their new teacher.

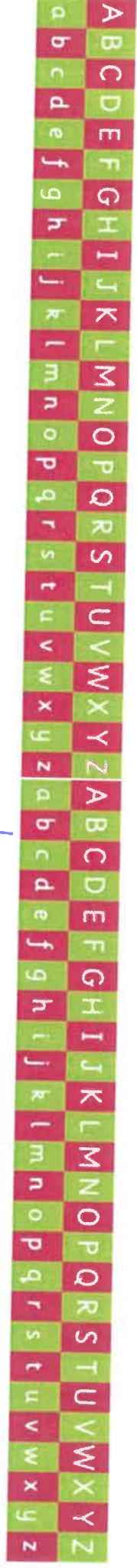
Their letter should include:

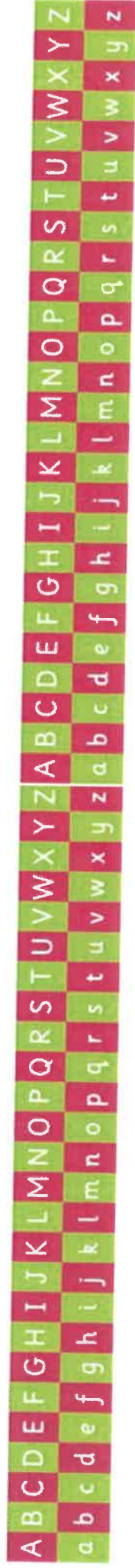
- your child's name
- your child's interests or hobbies
- a picture drawn by your child of their interests/hobbies

Please email your child's work to our EYFS email address so that your child's work can be put up on their classroom wall ready for their first day in Year 1 in September.

Thank you for your support.

Miss Hull and Mrs Robinson





Transition English—July 2020

Success Criteria:

I have included:

- My name
- What I like
- A picture of what I like
- Some key words

Key Words:

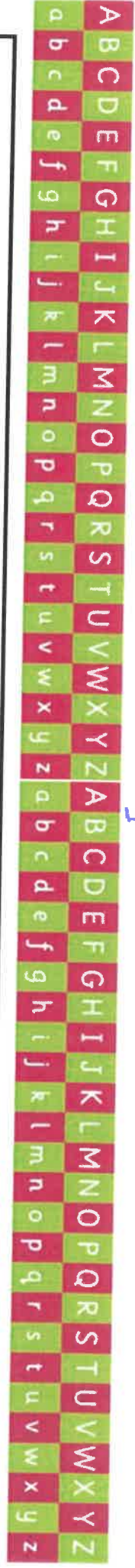
my
I
to
Mrs Robinson
Miss Hull

To _____

_____ name _____

I like _____

From _____





Rainbow Writing

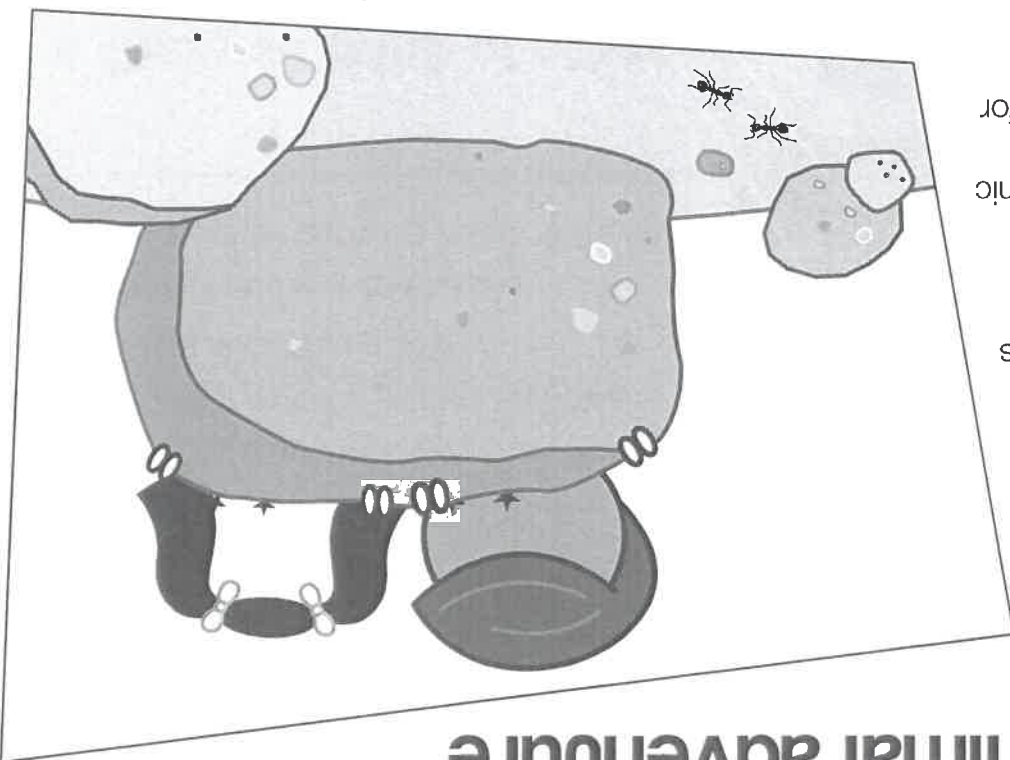
This game is played individually. To start, the chosen word needs to be written correctly on a piece of paper. The player can then repeatedly write over the spelling using as many different colours as possible.



Animal adventure

Cosmic and Gem are bored. Gem wants to go on an animal adventure. Uncle Astro said that they will find minibeasts if they look carefully. Gem looks high and low but she can't find any little animals. Cosmic thinks that they should go to ask Uncle Astro for help.

- ★ Have you seen any little animals where you live?
- ★ Where do you think Uncle Astro will tell them to look?

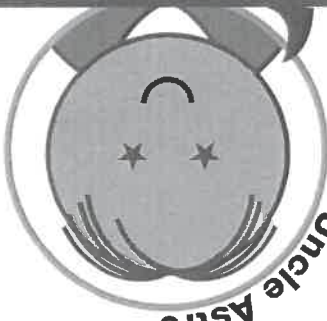


I think we might need to look in trees and on the top of walls



Cosmic

I think you will find little animals everywhere, if you look carefully



Uncle Astro

I think that they might live underneath logs and stones



Gem

★ What do you think?

Talk about

- ★ Talk to a buddy about your ideas.

★ **Your challenge**
Go on an animal adventure and see how many animals you can find.



SCIENCE - Transition

Crest Investigation - Animal Adventure

WALT: Identify and name a variety of common animals. Observe closely.

ACTIVITY: Children to explore their outside area and record any insects they find.



Key Words

snail

caterpillar

butterfly

spider

beetle

ladybird

slug

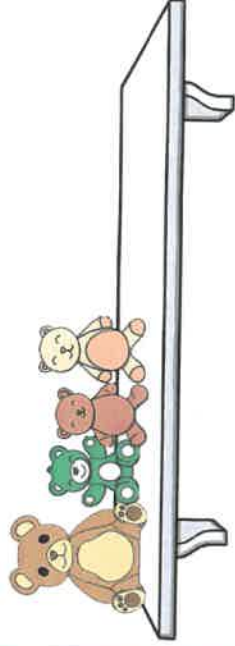
On my minibeast hunt I found

Maths Activity Mat

Count the stars in the sky.



Add 3 more teddies to the shelf.



How many teddies are there altogether?

Double the number of cars.



Which bike is nearest to the finish line? Circle it.



1 2 3 4 5
6 7 8 9 10



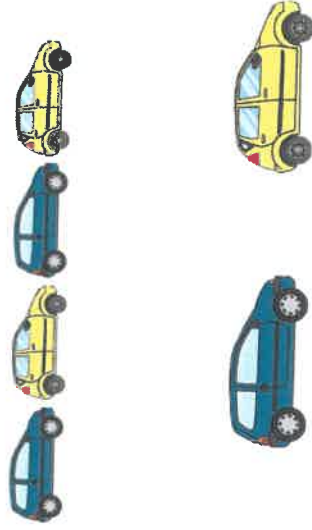
Exploring Patterns

Can you complete the pattern?

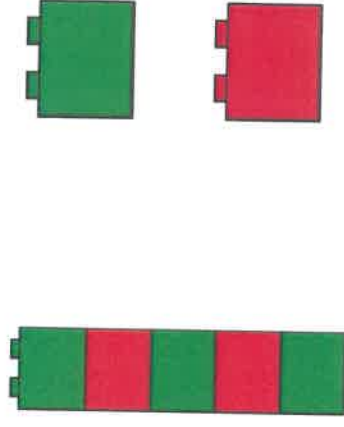


What shape comes next?

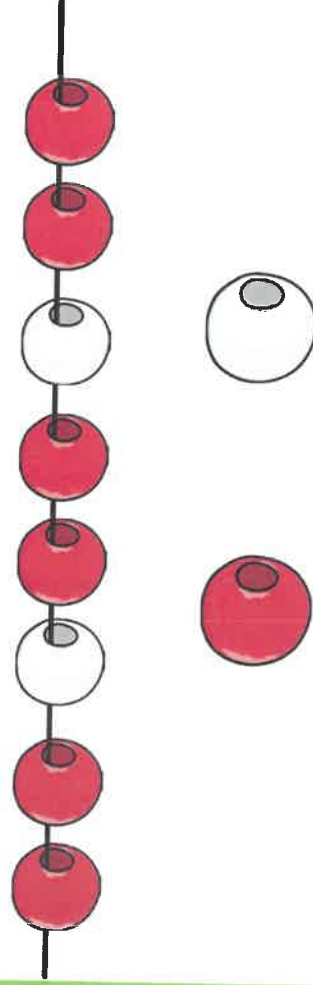
Which picture would come next? Circle it.



Which brick would come next in the pattern? Circle it.



Which bead would complete the pattern? Circle it.



1 2 3 4 5

6 7 8 9 10



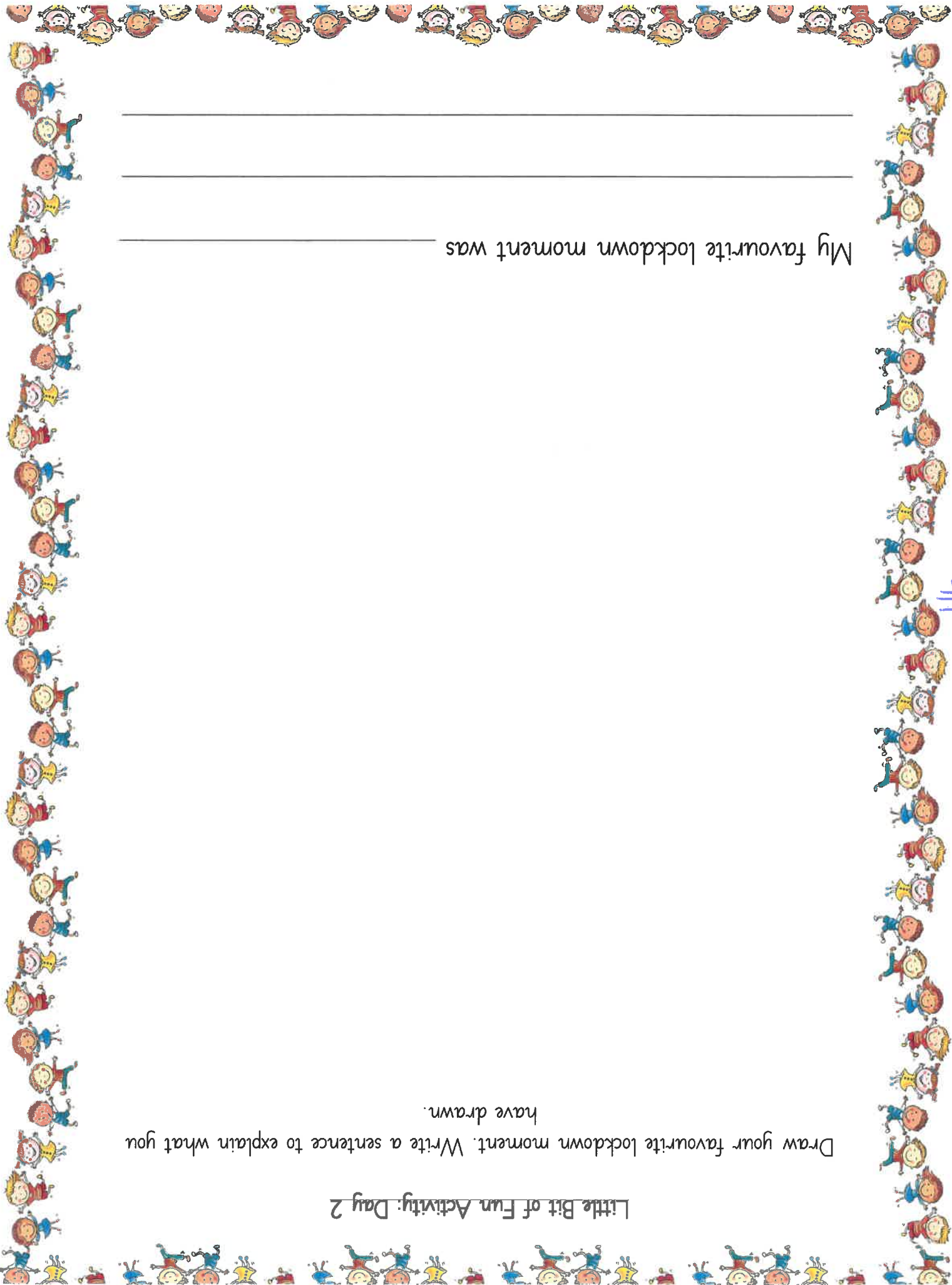
	Maths	English	Common Exception words	Curriculum	A little bit of fun!
DAY 2	Maths Activity Mat Adding More Numbots	Your author focus for the Autumn term will be Jill Murphy. Have you got any stories by this author? If you have, read them with a grown up! Lots of Jill Murphy stories are available on You Tube. Discuss your favourite parts of the stories with an adult. <i>Listen/watch your new Class Teacher reading you a story</i>	Use one of our spelling games 'Invisible Ink Activity' to help you to learn these five words. dog can see big look	Can you create one of the minibeads you spotted yesterday? Look at the attached sheet for ideas!	Look back at photos of all the different things you have done during lockdown. Could you draw out your favourite moment and write something little about it?



Invisible Ink

This game is played individually. To begin with, the chosen word needs to be written correctly using an impermanent writing utensil (e.g. pencil, chalk, whiteboard pen etc.). The player can then trace over each letter and make it disappear. This could be done using a finger/water brush / rubber.





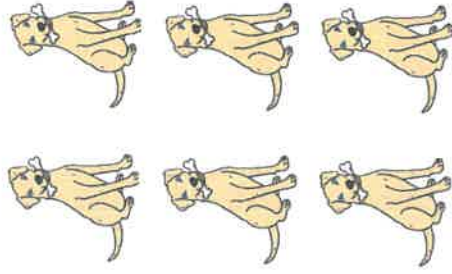
Little Bit of Fun Activity: Day 2

Draw your favourite lockdown moment. Write a sentence to explain what you have drawn.

My favourite lockdown moment was _____

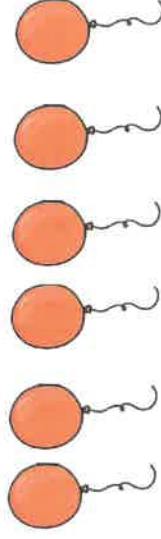
Maths Activity Mat

Can you work out the answer?



$$- 3 =$$

Can you share the balloons between the children?



Jed sorted his socks. Does he have an odd or even number?



odd even

Can you complete the pattern?



What shape will come next?

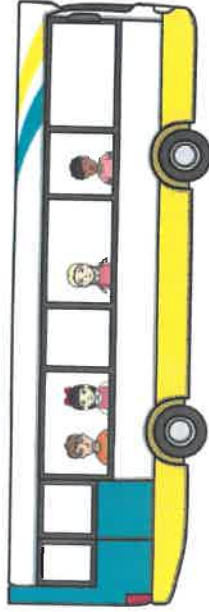
1 2 3 4 5

6 7 8 9 10



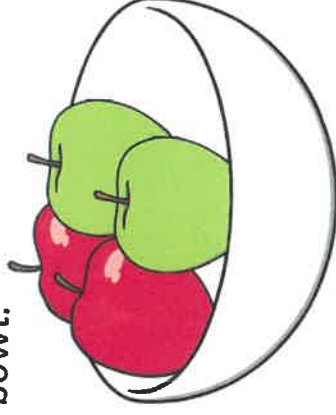
Adding More

Add 2 more children to the bus.



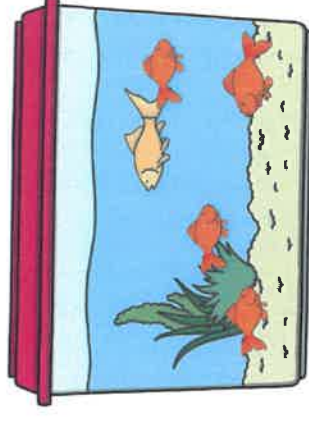
How many children are there?

Add 1 more apple to the fruit bowl.



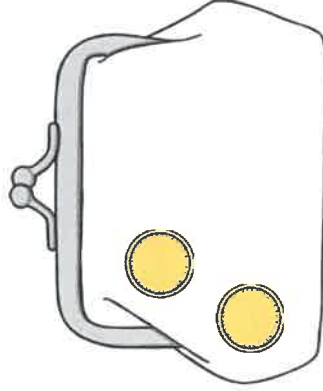
How many apples are there?

Add 4 more fish to the fish tank.



How many fish are there?

Add 3 more coins to the purse.



How many coins are there?

1 2 3 4 5

6 7 8 9 10



	Maths	English	Common Exception words	Curriculum	Additional activities
DAY 3	Maths Activity Mat Taking Away Numbots	Jill Murphy fact finding! With a grown up can you find out 5 facts about Jill Murphy? Bug Club	Use one of our spelling games 'Back Buddy Activity' to help you to learn these five words. at it in an his	One of the 'famous faces' of the Science topic in the Autumn term is Jane Goodall. Watch the video below to learn about her You Tube – Jane Goodall – Little People, Big Dreams. Annie's workshop – Audiobooks for kids. https://www.youtube.com/watch?v=pESavD4aXhc	Your Lunar topic in Autumn 1 is 'The UK.' Can you find out the countries that make up the UK? What are their capital cities?



Back Buddy

This game is played in pairs. To begin with, Player 1 selects a word (without Player 2 knowing what it is). Player 1 then forms each letter of the word on Player 2's back. Player 2 has to guess what letters are being formed in order to identify the word that has been spelt out.

Tip: It is useful for Player 2 to write the letters down as they are correctly identified.

English Activity: Day 3

Research some facts about Jilly Murphy with your grown up.



Find out the names of the four countries that make up the United Kingdom.
Can you find out the names of their capital cities too?

Additional Activity: Day 3

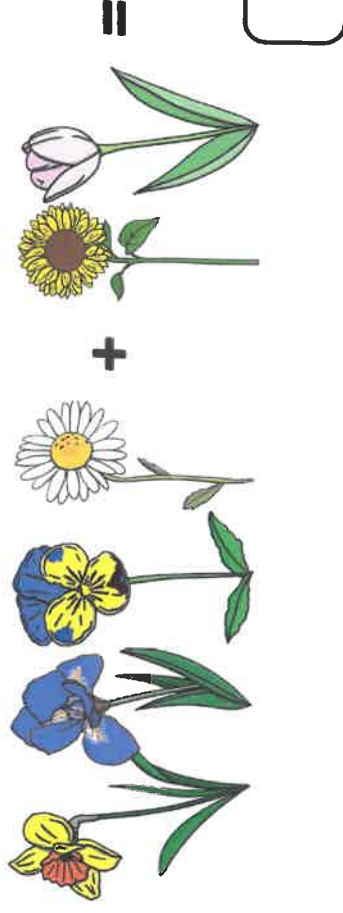


Maths Activity Mats

Which numbers come next?

2 3 4

Can you work out the answer?



Which activity would you do at night time?
Circle it.



Which picture comes next in the pattern? Circle it.



1 2 3 4 5 6 7 8 9 10



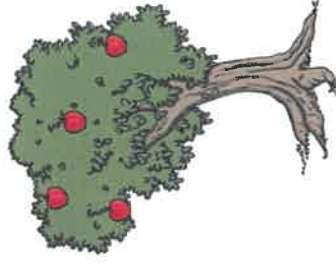
Taking Away

There were 3 cupcakes on the plate. 1 was eaten.



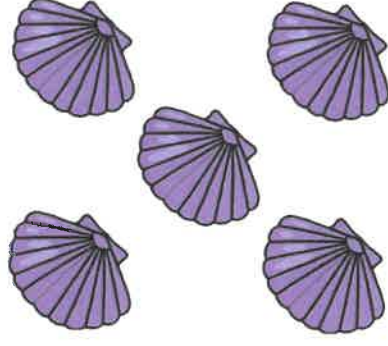
How many were left?

There were 4 apples on a tree. 2 were picked.



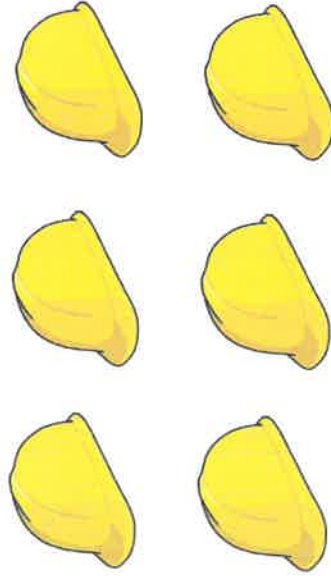
How many were left?

Can you work out the answer?



$$- 3 =$$

Can you work out the answer?



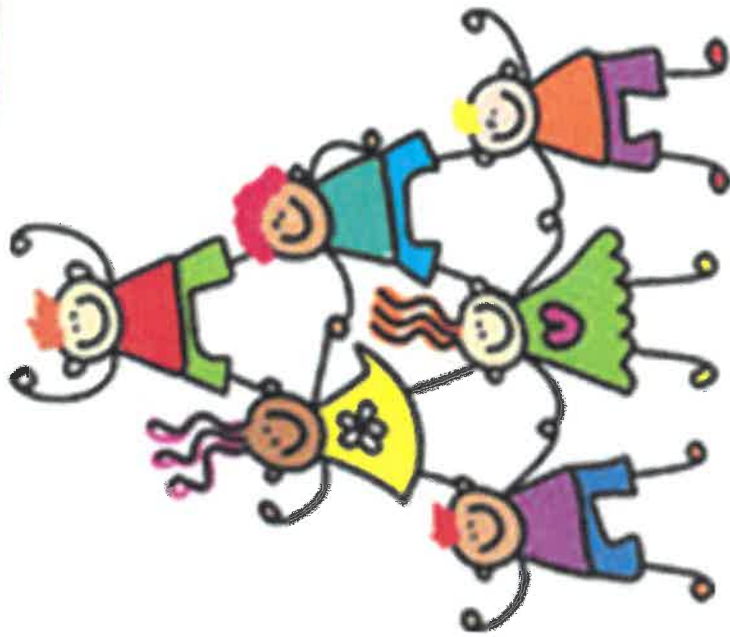
$$- 2 =$$

1 2 3 4 5

6 7 8 9 10



	Maths	English	Common Exception words	Curriculum	A little bit of fun!
DAY 4	Maths Activity Mat Counting to 20 Numbots	Watch 'Whatever Next!' on You Tube or read it with a grown up if you have your own copy. https://www.youtube.com/watch?v=6c5cb0u0rPM Order the pictures to re tell the story. Phonics Activity Mat Bug Club	Use one of our spelling games 'Pyramid Power Activity' to help you to learn these five words. has as and this went	Make a poster to show what you have learnt about Jane Goodall	Cut the top off a carrot and put it in a saucer of water and watch it sprout over a few days! Can you draw a picture of what happened? Can you write about what happened?



Pyramid Power

This game is played individually. To start with, the player writes the first letter of a word. Underneath, the player then writes the first and second letter of the word. On the next line, the player writes the first, second and third letter of the word. This process is repeated until the whole word has been written. For example:

c

ca

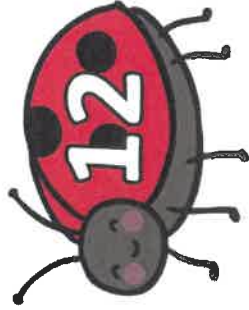
cat

Maths Activity Mats

Can you write **one more** and **one less** than 12?



one less

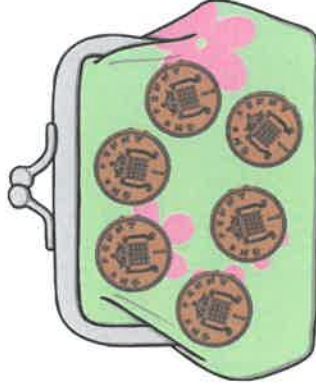


one more

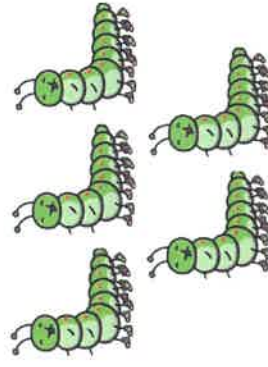
Which shape has **4 sides**? Circle it.



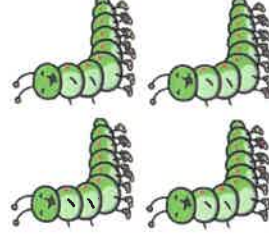
How much money is in the purse?



Can you work out the answer?



+



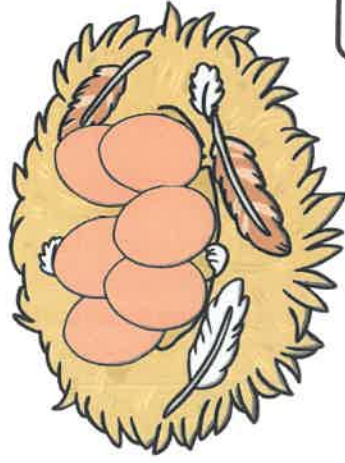
=



1 2 3 4 5 6 7 8 9 10

Counting to 20

Can you count the eggs in the nest?



Can you count the ducklings in the pond?



How many flowers are on the bush?



What numbers come next?

12, 13, 14, ,

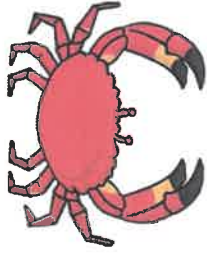
1 2 3 4 5

6 7 8 9 10



Phonics Activity Mats

Fill in the missing sounds.



et cra

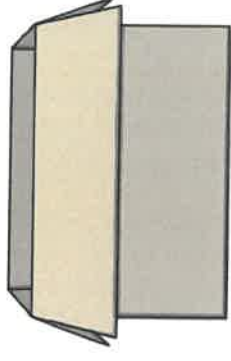
Circle the correct answer.

Has a fox got six legs?

yes

no

Circle the word that matches the picture.

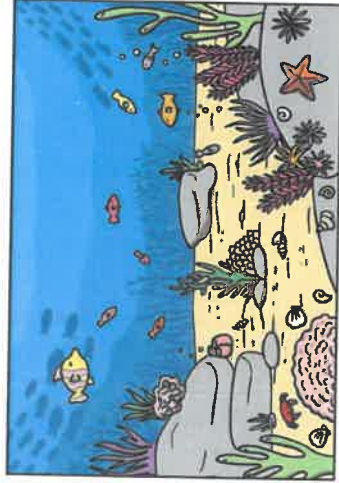


bap

box

bun

Write a sentence about this picture.



English Activity: Day 4

Watch Whatever Next on YouTube and sequence the events in the story using the pictures provided.





Little Bit of Fun Activity: Day 4

Draw a picture of your sprouting carrot. Write about what you did to help your carrot to grow.

Key Words:

carrot

sprout

cut

watch

water

grow

First |

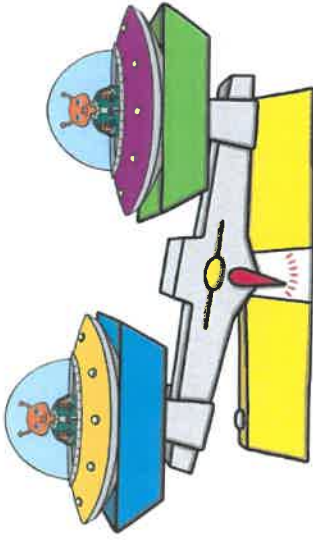
Then |

Finally |

	Maths	English	Common Exception words	Curriculum	Additional activities
DAY 5	Maths Activity Mat Doubling Numbots	Re watch/ read 'Whatever Next!' Have a go at completing the 'Who, What and Where' activity sheet. Phonics Activity Mat Bug Club	Use one of our spelling games 'Spelling strips Activity' to help you to learn these five words. get yes up my by	The Autumn 1 Christian Value is thankfulness. Watch the story 'Jesus feeds thousands' https://www.youtube.com/watch?v=CCA4oivfSYk Discuss the video. What are you thankful for?	Draw/ create a famous landmark that can be found in any capital city in the UK.

Maths Activity Mats

Which spaceship weighs **more**? Circle it.



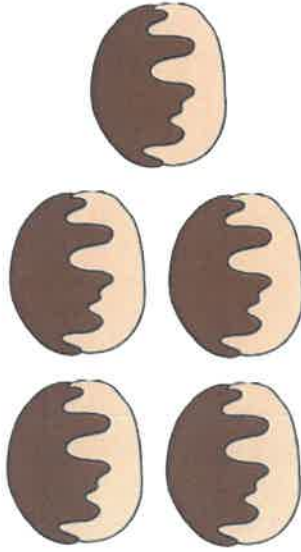
Put the numbers in order from **smallest** to **largest**.

7 10 3

smallest

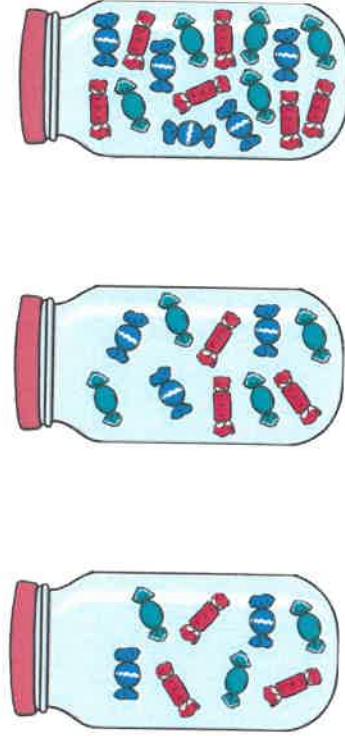
largest

Can you work out the answer?



$$5 - 2 = \square$$

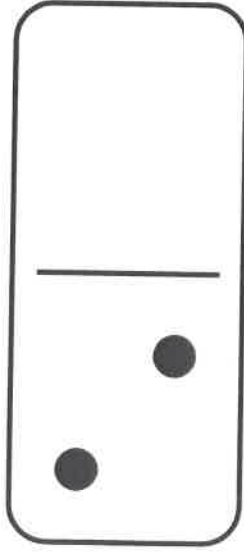
Which jar has 16 sweets? Circle it.



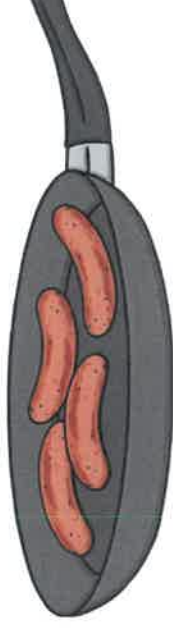
1 2 3 4 5 6 7 8 9 10

Doubling

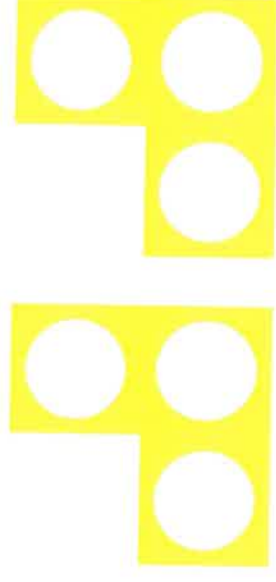
What is double 2? Draw the spots on the other side of the domino.



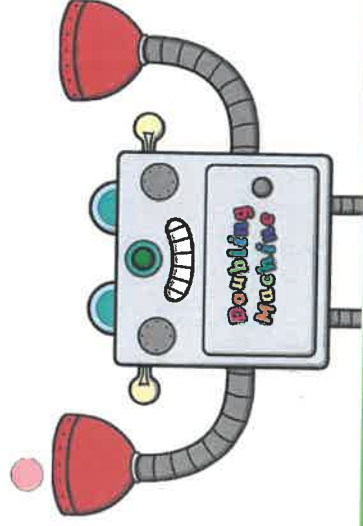
Double the number of sausages in the pan.



What is double 3?



1 counter goes in the doubling machine.
How many come out?



1 2 3 4 5

6 7 8 9 10



Phonics Activity Mats

Fill in the missing sounds.



g _ t _ _ ed

Circle the picture that matches the sentence.

Jack was sitting on a chair.



Circle the word that matches the picture.



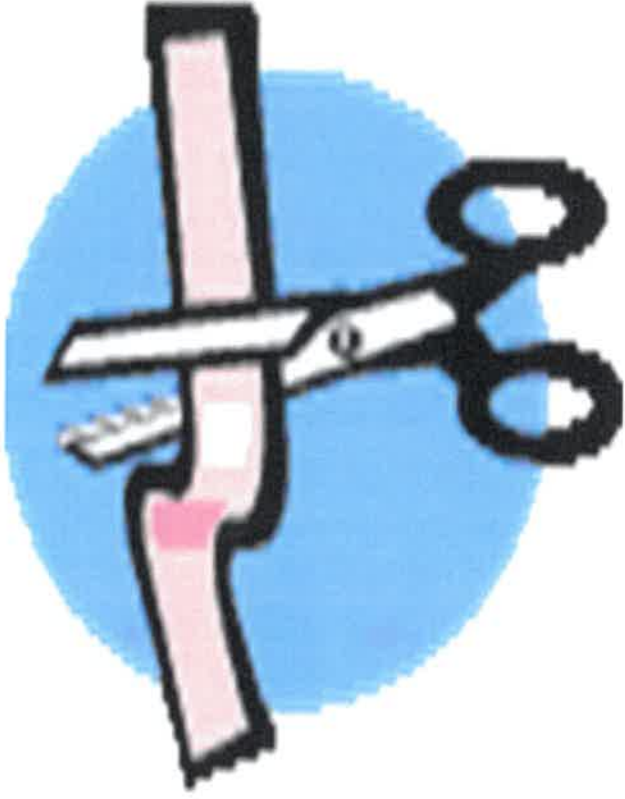
chip

chin

coin

Write a sentence about this picture.





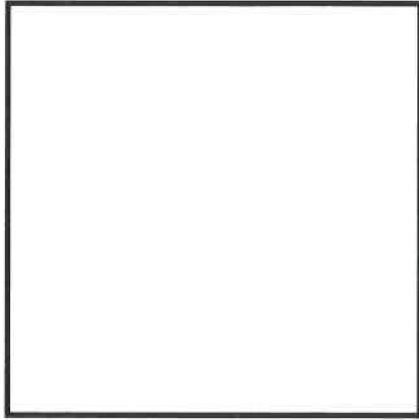
Spelling Strips

This game can be played in pairs / individually. First, the chosen word needs to be written on a strip of paper (with space left in between each letter). Each letter can then be cut up into separate pieces. Next, the separate pieces need to be mixed up and put into a pile. When the timer starts, Player 1 has to spell the word by putting the letters in the correct order. Player 2 is responsible for checking the spelling and mixing the pieces back up.

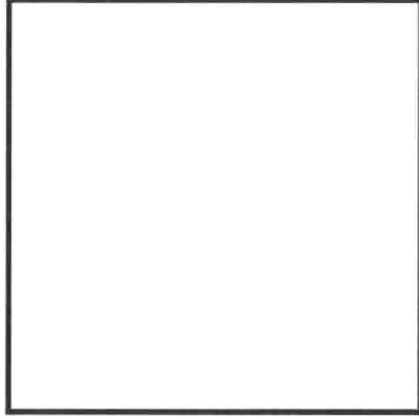
Look at the pictures from Whatever Next. Chose one picture and draw a picture to show who is in the picture, what object is in the picture and where the picture is set.

Who, What and Where?

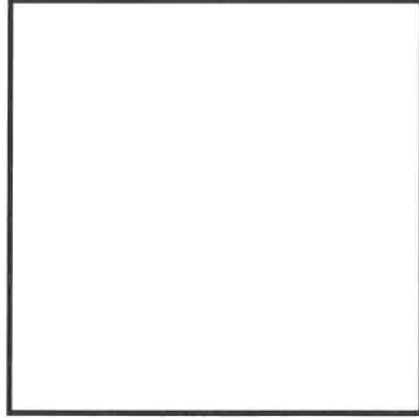
Who

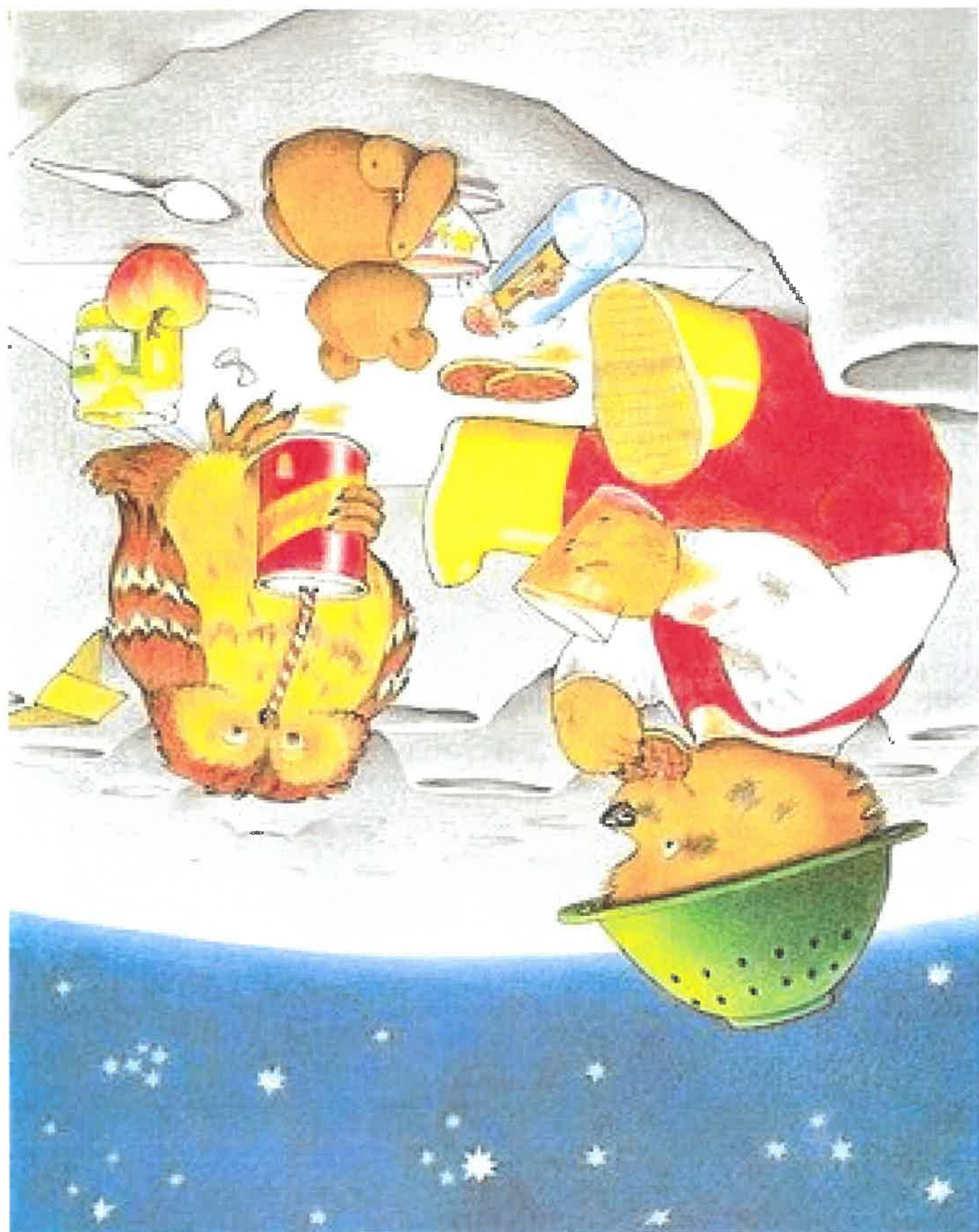


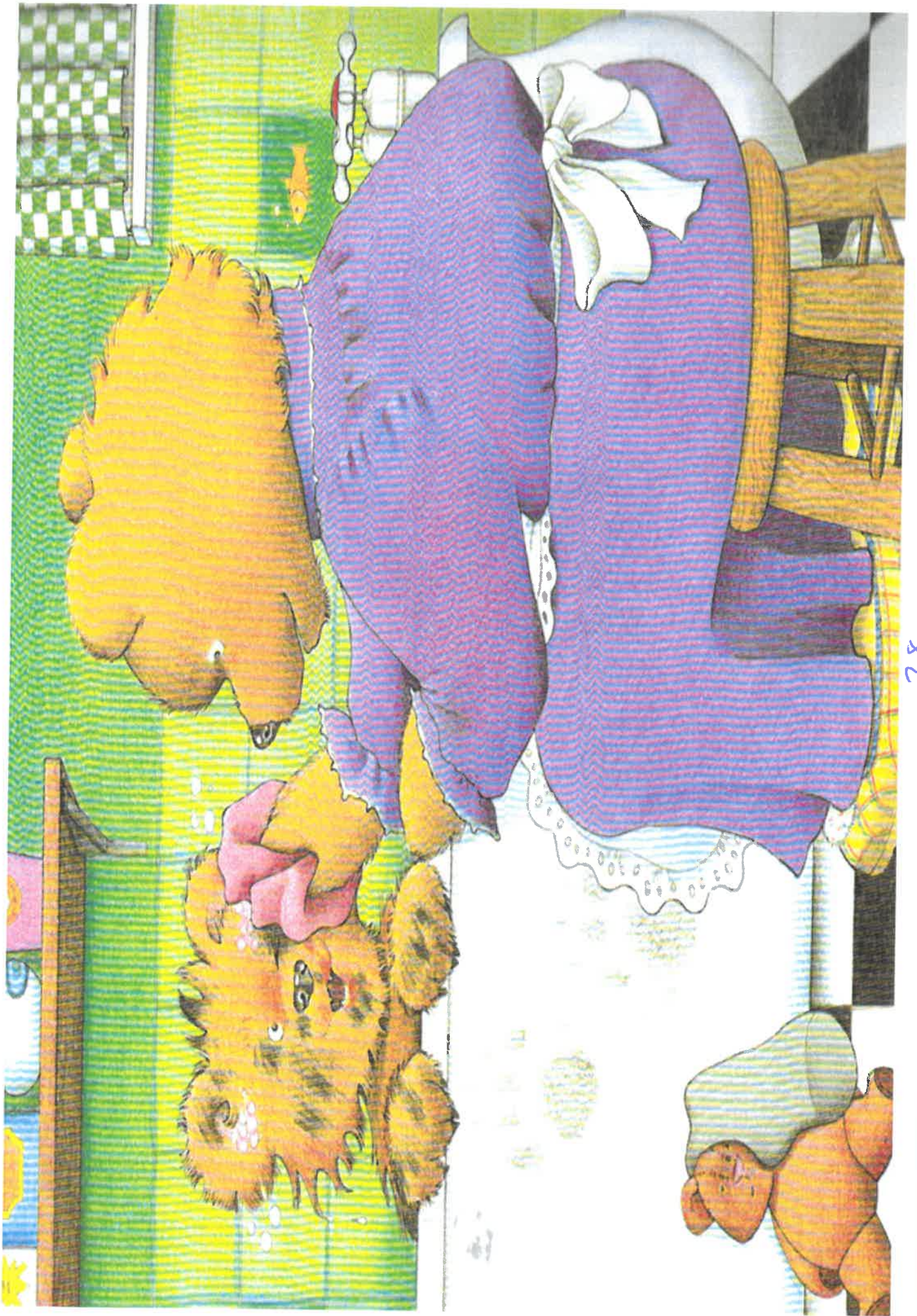
What



Where



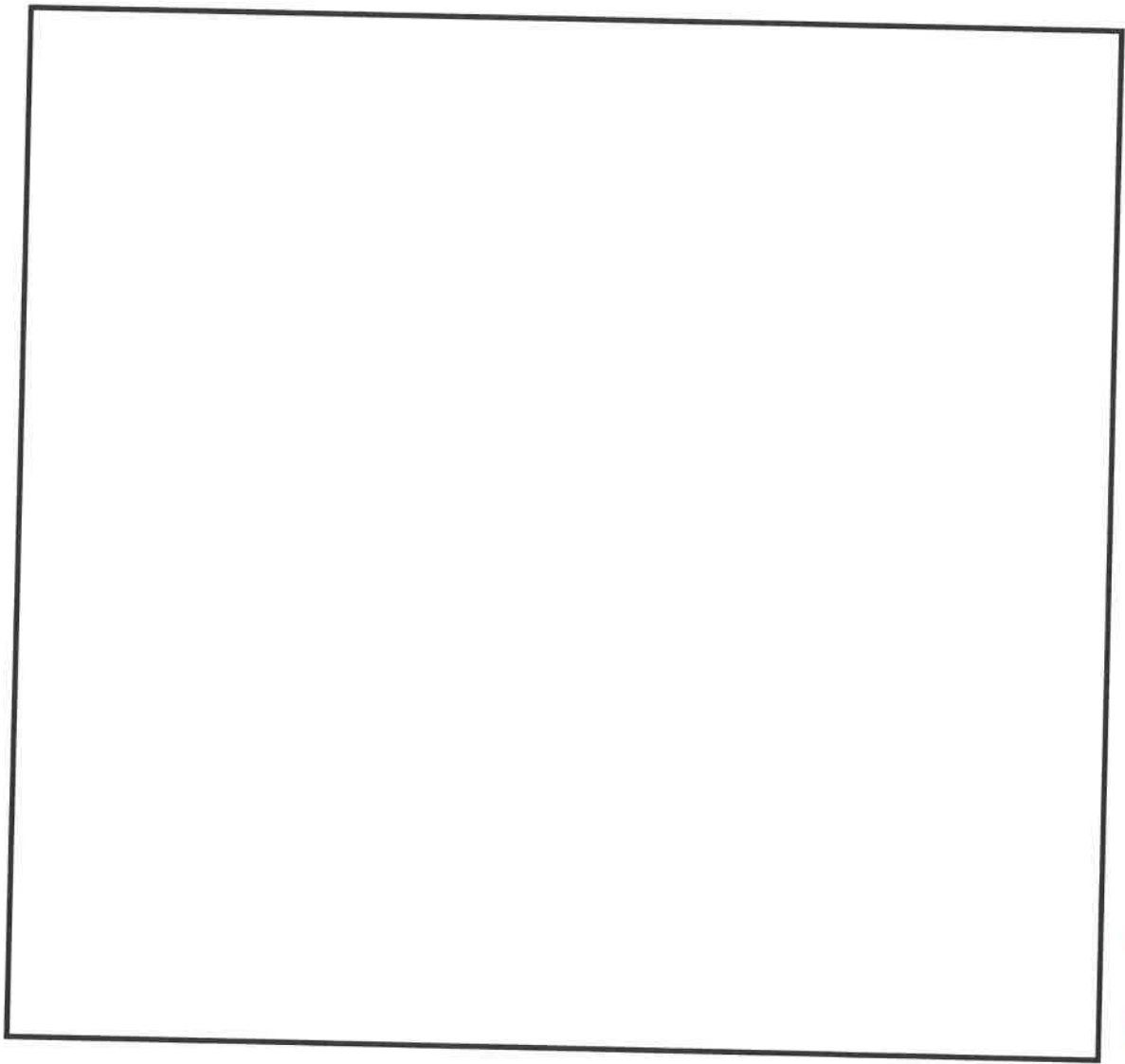




Additional Activity: Day 5

Draw a picture of a famous landmark in the UK. Can you name the country and city where I might see this landmark?

If you would like to create a landmark using craft materials take a photograph of your creation and glue it onto your sheet.



Country: _____

City: _____

Curriculum Activity: Day 5

Think about all of the wonderful things in our world; our animals, your family and friends and your hobbies.
Write one sentence to say what you are thankful for:

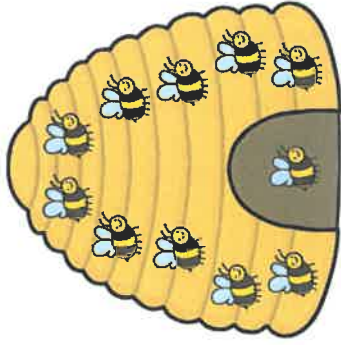
Key Words:

I
family
thankful
my
animals
friends
God
for

	Maths	English	Common Exception words	Curriculum	A little bit of fun!
DAY 6	Maths Activity Mat Halving and Sharing Numbots	Referring back to 'Whatever Next!' complete: Visiting the moon. Phonics Activity Mat Bug Club	Use one of our spelling games 'Word Workshop Activity' to help you to learn these five words. for to do me we	Following on from yesterday, look at the guidance and draw a picture in the first box and then write a prayer below.	Draw a picture of your favourite animal for your new Class Teacher.

Maths Activity Mats

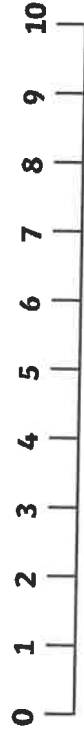
Can you **estimate** how many bees there are?



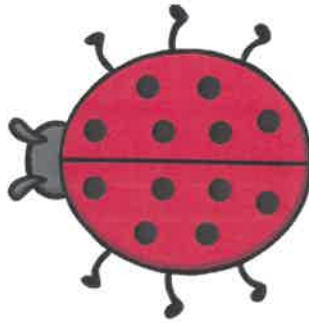
Count and check.

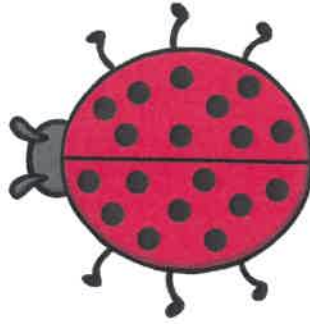
Can you work out the answer?

$$4 + 3 = \square$$

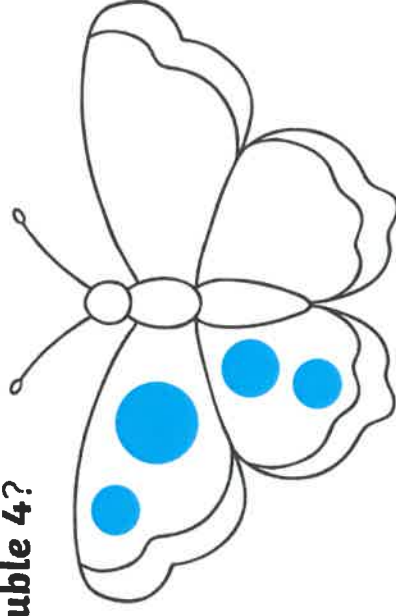


How many spots does each ladybird have?

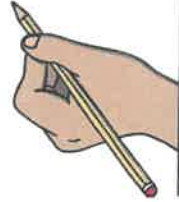




What is **double 4**?

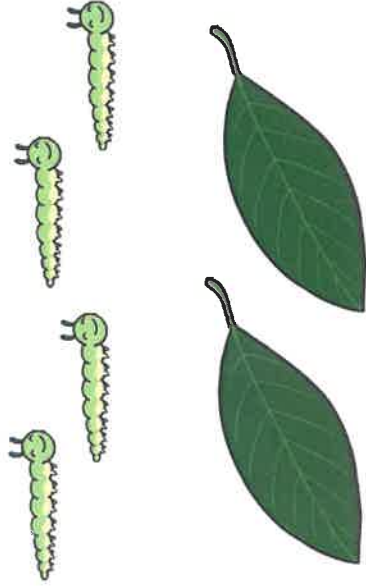


1 2 3 4 5 6 7 8 9 10

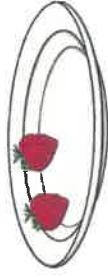


Halving and Sharing

Can you share the caterpillars between the leaves?



Have the strawberries been shared fairly?

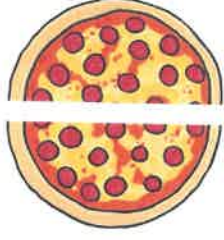


yes

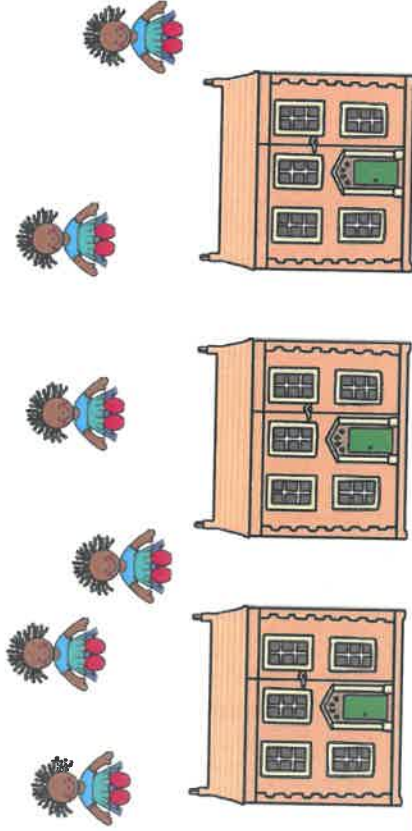


no

Circle the pizza that is cut in half.



Can you share the dolls between the houses?

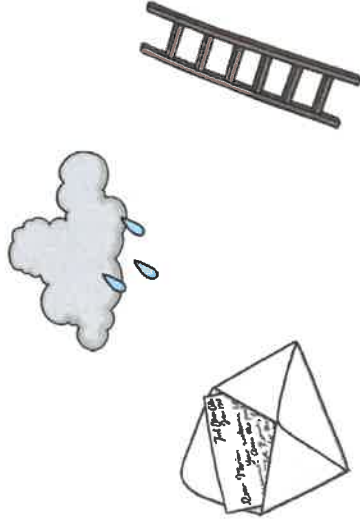


1 2 3 4 5
6 7 8 9 10



Phonics Activity Mats

Circle the pictures with the 'er' sound.



Circle the correct answer.

Can a duck quack?

yes

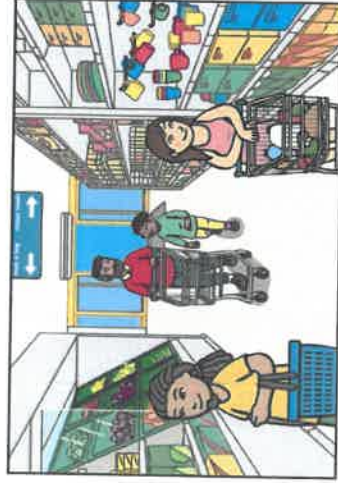
no

Circle the picture that matches the sentence.

The shark has sharp teeth.



Write a sentence about this picture.





Visiting the Moon

Choose a word to describe the moon.

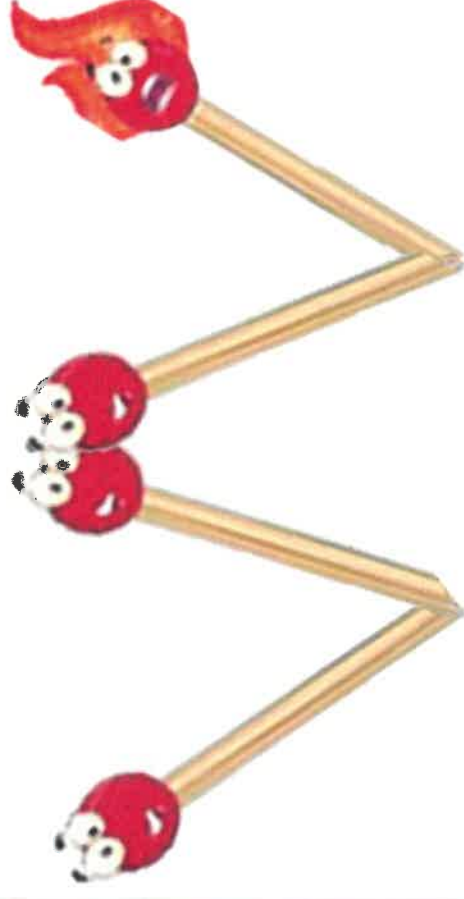
cold	dark	dusty
quiet		bumpy

What do you think you would find on the moon?

--

Draw a picture of you and Baby Bear on the moon.

--

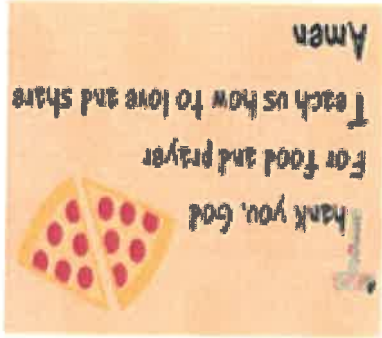


Word Workshop

This game is played individually, Once a word has been chosen, the player can begin building it using different materials such as match sticks, lego, shaving foam, sand, pipe cleaners, straw, play dough etc.

Thankfulness

We would like your child to write a short prayer about 'thankfulness'. Ask your child what makes them happy and what they could thank God for. Below are a few examples but not to used as an expectation of the length of writing. Ask your child to draw and colour a picture of what they are thankful in the box at the top.



Dear Lord,

.....

.....

.....

.....

Success Criteria

- Orally compose and write a sentence by repeating and repeating it aloud
- Use some full stops and capital letters to punctuate simple repetitive sentences

Thankfulness

Little Bit of Fun Activity: Day 6

Draw a picture of your favourite animal.

	Maths	English	Common Exception words	Curriculum	Additional activities
DAY 7	Maths Activity Mat Odds and Evens Numbots	Read/ watch 2 of the 'Large family' stories by 'Jill Murphy'. https://www.youtube.com/watch?v=8GNw4Q-Bs7o Tell a grown-up which story you like best and why. Phonics Activity Mat Bug Club	Use one of our spelling games 'Rainbow Writing Activity' to help you to learn these five words. be she her no go	Draw a picture of your favourite memory from your time in Reception.	Find out what the colours of the UK flags are, draw and colour them in.

Maths Activity Mats

Can you draw a **triangle**?

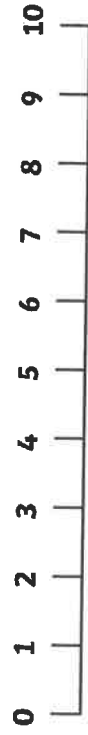
How many corners does it have?

Which number comes next?

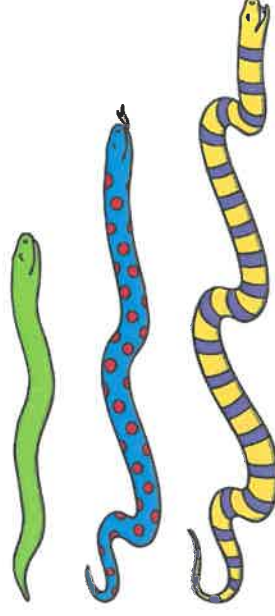
8 9 10

Can you work out the answer?

$$6 + 2 = \square$$



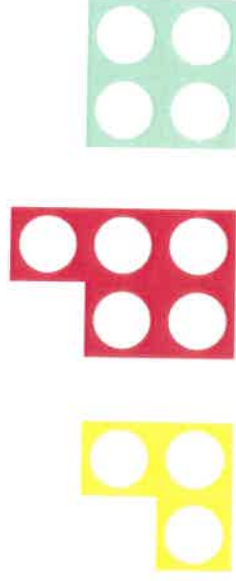
Which snake is the **longest**? Circle it.



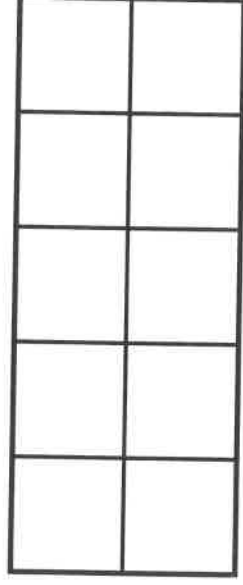
1 2 3 4 5 6 7 8 9 10

Odds and Evens

Circle the even number shape.



Draw an odd number of counters on the ten-frame.

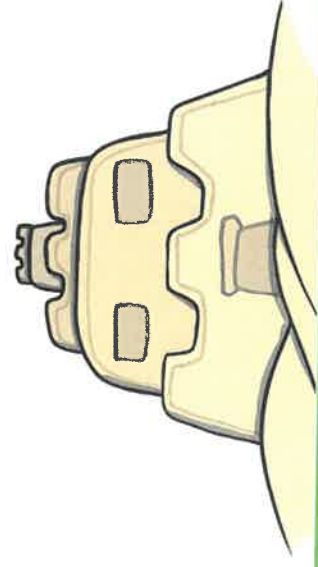


How many children are there?
Is it an odd or even number?



odd even

Draw an even number of flags on the sandcastle.



1 2 3 4 5
6 7 8 9 10



Phonics Activity Mats

Fill in the missing sounds.

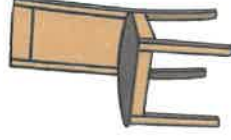
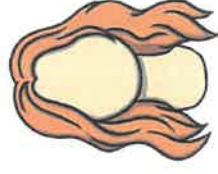


ri _ tr _

Draw a picture to match the sentence.

The bee sat on the flower.

Circle the pictures with the 'air' sound.



Write a sentence about this picture.



English Activity: Day 7

Which Jill Murphy story do you like best? Why?

Draw a picture of your favourite story



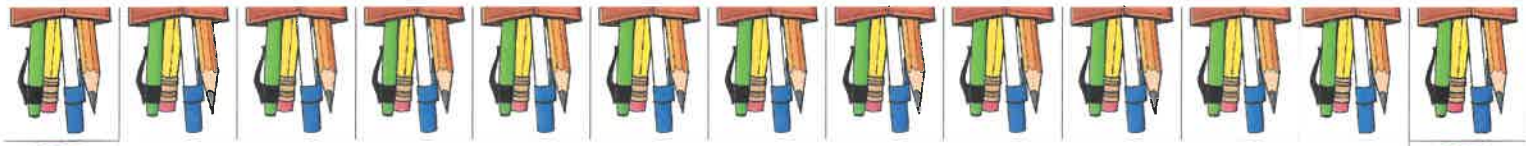
My favourite Jill Murphy story is _____

I like this story because _____

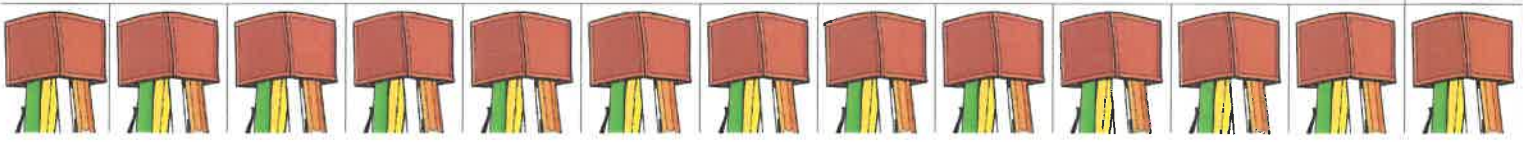


Rainbow Writing

This game is played individually, To start, the chosen word needs to be written correctly on a piece of paper. The player can then repeatedly write over the spelling using as many different colours as possible.



Curriculum Activity: Day 7



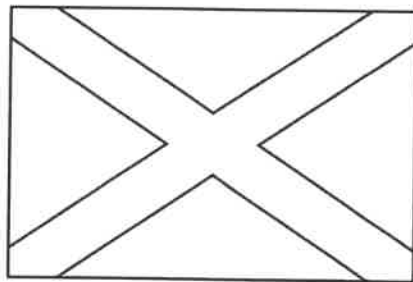
My favourite memory is

95

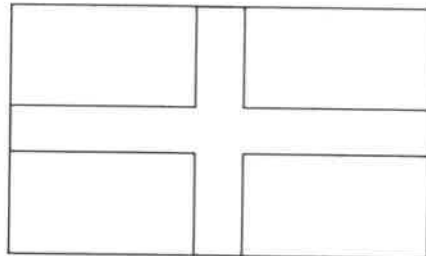
Additional Activity: Day 7

Research the flags for the four countries that make up the UK. Can you colour them in accurately?

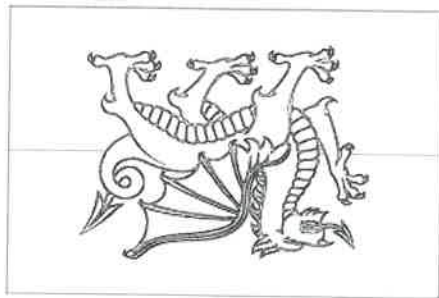
This is the flag of



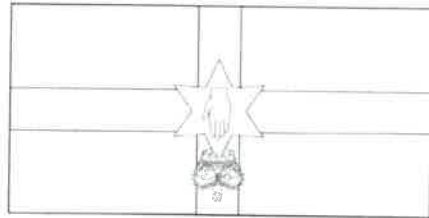
This is the flag of



This is the flag of



This is the flag of

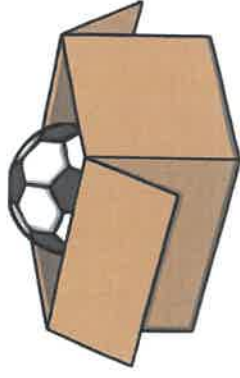


	Maths	English	Common Exception words	Curriculum	A little bit of fun!
DAY 8	Maths Activity Mat Measures x 2 Numbots	Draw your favourite 'Jill Murphy' story character. Can you write sentences to describe them? Phonics Activity Mat Bug Club	Use one of our spelling games 'Invisible Ink Activity' to help you to learn these four words. so all play away	Talk to your grown up about Year 1. Talk about what you are looking forward to in your new class.	Use the checklist to complete a scavenger hunt in the garden.

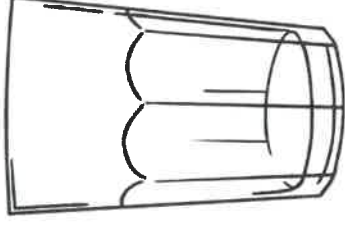
100% SATISFACTION GUARANTEED

Maths Activity Mats

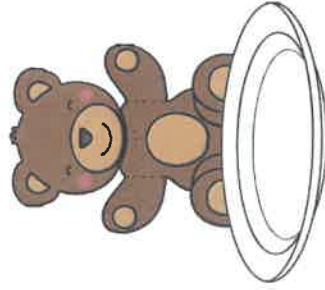
Which picture shows the ball **in** the box? Circle it.



Can you make the glass **half full**?



Share **4 cakes** between the **2 teddies**.



Can you work out the answer?

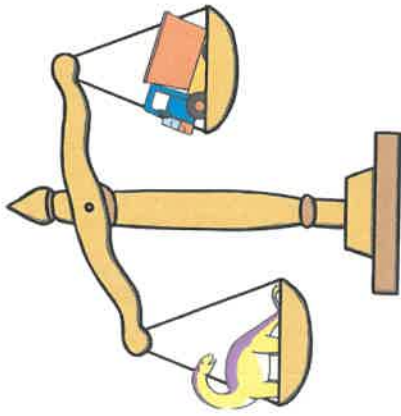
$$8 - 3 = \square$$



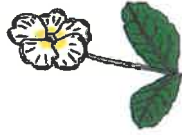
1 2 3 4 5 6 7 8 9 10

Measures

Which toy is lightest? Circle it.



Draw a flower taller than this one.



Which ball went the furthest? Circle it.



Circle the bottle that is nearly full.



1 2 3 4 5

6 7 8 9 10

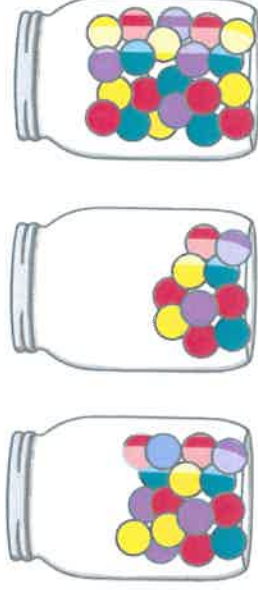


Measures

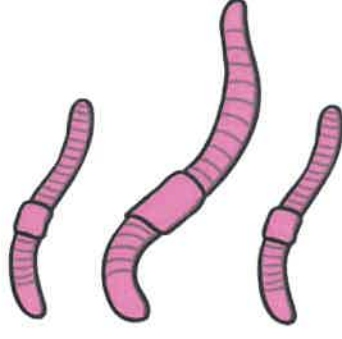
Which child is the shortest?



Which jar has the least in?



Which worms are the same length? Circle them.



A girl measured her footprint. How many cubes long is it?



1 2 3 4 5
6 7 8 9 10



Phonics Activity Mats

Circle the correct answer.

Do trains run on
tracks?

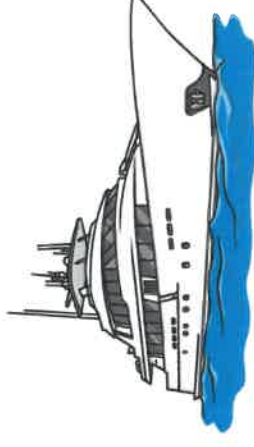
yes

no

Draw a picture to match
the sentence.

The frog jumps in
the pond.

Circle the word that matches
the picture.



sheep

shed

ship

Write a sentence about this picture.



English Activity: Day 8

Draw a picture of your favourite Jill Murphy character from your favourite story. Write two sentences to describe your character.

My favourite character is _____

63

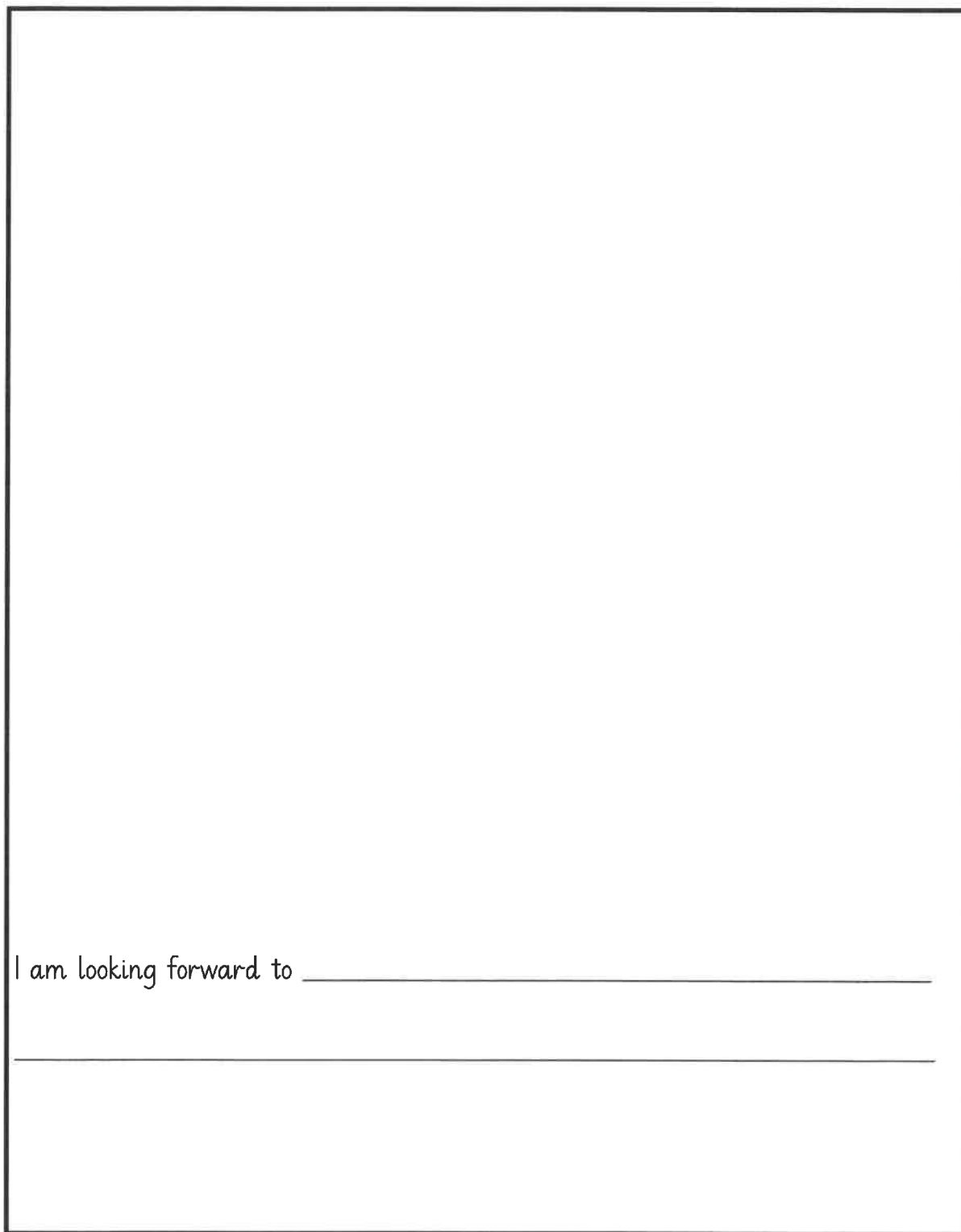


Invisible Ink

This game is played individually, To begin with, the chosen word needs to be written correctly using an impermanent writing utensil (e.g. pencil, chalk, whiteboard pen etc.). The player can then trace over each letter and make it disappear. This could be done using a finger/water brush / rubber.

Curriculum Activity: Day 8

Draw a picture to show what are you looking forward to in Year 1.



I am looking forward to _____



In the Garden Scavenger Hunt



Can you find them all?

Green	
3 leaves	
A stick	
An acorn	
A rock	
Something round	
Something that smells good	
Something you think is pretty	
An animal	
A bug	
A flower	
Something that feels rough	

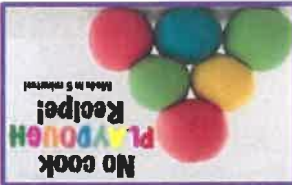
Supporting your Child's Transition into Year 1...

A Guide for Parents

This booklet is designed to support parents who have a child due to start Year One in September. It identifies the different aspects of Personal, Social and Emotional development within the Early Years Curriculum. Through planned activities, some incorporated within your daily routine, you can support your child to be ready for the return to school.

Working in partnership with parents to support
your child's learning and development...

Self Confidence and Self Awareness

Learning Intentions:		Linked learning opportunities	
□ Confident to try new activities □ Confident to speak in a familiar group, talking about their ideas and will choose resources they need Links to Making Relationships □ Plays co-operatively, taking turns □ Takes account of one another's' ideas about how to organise an activity			
Activities to support development	What you will need?	 theimaginationtree.com/best-ever-no-cook-play-dough-recipe/	■ Communication & Language: - Use past, present and future forms accurately when talking about events that have happened or are about to happen in the future ■ Beginning of Y1: - Begin to use a range of vocabulary to add information ■ Physical Development: - Show good control and coordination in large and small movements - Use a pencil to form recognisable letters, most of which are correctly formed ■ Beginning of Y1: - Begin to write on lines and control letter size ■ Literacy: - Can read and understand simple sentences - Write simple sentences which can be read by themselves and others ■ Mathematics: - Use everyday language to talk about distance, size and height - Measure distance and height using non-standard units.
		 www.bbcgoodfood.com/recipes/collection/kids-cooking	■ Playdough factory ... - Provide a list of instructions (pictures and words) to make own non-cook playdough - Discuss how to organise the activity – (i) where? (ii) with who? (iii) when? ■ Extension: □ Talk about and write a list of things that can be made with the playdough □ Organise a Playdough Competition – making a model in a given set of time. Vote for favourite model.
			■ Creative cookery ... - Together agree what to make for snack. Start by looking at cookery books / sharing favourite foods / online research - Decide what to make e.g. ○ Pizza: Create different toppings, some favourites and some new ○ Fruit kebabs: Try different fruit - Write a shopping list - Decide who is going to do what - Take turns taking photographs of each part of the process ■ Extension: □ Make own recipe card using photographs and adding instructions □ Make snack invitations
		 Seeds, soil, watering can, pot or seed tray, paper and pencils	■ Gardening challenge ... - Provide a range of seed packets - Together make a list of gardening equipment that is needed to plant the seeds - Make a weekly calendar identifying jobs to keep the seeds alive - Keep a seed diary ■ Extension: Record the growth of the seeds
			■ Nature art ... - Provide child with a container to collect items on a scavenger hunt - <i>twigs, leaves, stones, pine cones, fallen petals etc.</i> - Share ideas on what to make with the natural objects. - Encourage turn taking. - Create using materials on piece of paper / inside an empty frame. Talk through creation and why certain resources where used

Making Relationships

Learning Intentions:		Linked learning opportunities	
- Shows sensitivity to others' needs and feelings - Talks about how they and others show feelings			
Activities to support development	What you will need?	Communication & Language: - They use past, present and future forms accurately when talking about events that have happened or are about to happen in the future Beginning of Y1: - Begin to use a range of vocabulary to add information. Physical Development: - Handle tools effectively, including pencils for writing/drawing - Use a pencil to form recognisable letters, most of which are correctly formed Beginning of Y1: - Begin to write on lines and control letter size. Literacy: - Can read and understand simple sentences - Begin to describe the main events in simple stories they have read - Write simple sentences which can be read by themselves and others	
	Selection of picture books (local libraries have a great range), soft toys, puppets, small figures/characters, arts and craft resources  	Story time ... - The Feeling Flower by Lean Dakroub Acknowledges how our feelings can change throughout the day - Perfectly Norman by Tom Percival Being different, sad ... Extension: - Together use puppets to act out story / explore own feelings - Draw character / own feelings - Write a diary of feelings	
		Films ... - Watch a film together e.g. Inside Out - Discuss the different emotions of the characters - Begin to link character emotions to own Extension: - Together use puppets to act out story / explore own feelings - Draw characters and write a description - Write a list of 'happiness' events/experiences	
	A range of resources can be accessed online 	Mindfulness Activities ... - Explore different mindfulness activities that will raise your child's awareness of their own thoughts and feelings, such as breathing techniques, yoga, blowing bubbles, art work or colouring - Listening to my Body by Gabi Garcia (An introductory book to Mindfulness for children)	
		Wheel of Choice ... - Discuss that conflict and disagreements can occur and how a wheel of choice can help think of a solution - Model to your child how the wheel can be used - Reward good choices As the child becomes more familiar with the solutions, they may no longer need the visual of the wheel to support them.	
Problem-solving sticks ... - Introduce child to jar with lollypop sticks - As solutions are agreed to solve conflict / disagreements write them on a stick and put it back in the jar - Support your child to use the sticks independently			