St. Ann's Church of England Primary School

PE LONG TERM PLAN

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception	**Introduction to PE** Unit 1	**Fundamentals** Unit 1	**Gymnastics** Unit 1	**Dance** Unit 1	**Ball Skills** Unit 1	**Games** Unit 1
Year 1	Fundamentals Team Building	Ball Skills Dance	Sending & Receiving Gymnastics	Invasion Games Target Games	Athletics Net and Wall Games	Striking & Fielding Fitness
Year 2	Fundamentals Team Building	Ball Skills Dance	Sending and Receiving Gymnastics	Invasion Games Target Games	Athletics Net and Wall Games	Striking and Fielding Games Fitness
Year 3	Tag Rugby Fundamentals Y3/4	Dodgeball Dance	Hockey Gymnastics	Football Netball	Athletics Tennis	Cricket Rounders
Year 4	Tag Rugby Swimming 4H + 4G	Dodgeball Ball Skills Y3/4	Hockey Gymnastics	Football Basketball	Athletics Tennis	Cricket Rounders
Year 5	Tag Rugby OAA	Netball Swimming 5F + 5E	Hockey Gymnastics	Football Tennis	Athletics Tennis	Cricket Rounders
Year 6	Tag Rugby Gymnastics Swimming *	Fitness OAA	Hockey Handball	Football Basketball	Athletics Tennis	Cricket Rounders

**Children who are yet to meet the National Standard.*