



St. Ann's Church of England Primary School

PE LONG TERM PLAN

| | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
|------------------|---|-----------------------------------|---|------------------------------------|-------------------------------------|--|
| Reception | Introduction to PE Unit 1 | Fundamentals Unit 1 | Gymnastics Unit 1 | Dance Unit 1 | Ball Skills Unit 1 | Games Unit 1 |
| Year 1 | Fundamentals Team Building | Ball Skills Dance | Sending & Receiving Gymnastics | Invasion Games Target Games | Athletics Net and Wall Games | Striking & Fielding Fitness |
| Year 2 | Fundamentals Team Building | Ball Skills Dance | Sending and Receiving Gymnastics | Invasion Games Target Games | Athletics Net and Wall Games | Striking and Fielding Games Fitness |
| Year 3 | Tag Rugby Fundamentals Y3/4 | Dodgeball Dance | Hockey Gymnastics | Football Netball | Athletics Tennis | Cricket Rounders |
| Year 4 | Tag Rugby Swimming 4H + 4G | Dodgeball Ball Skills Y3/4 | Hockey Gymnastics | Football Basketball | Athletics Tennis | Cricket Rounders |
| Year 5 | Tag Rugby OAA | Netball Swimming 5F + 5E | Hockey Gymnastics | Football Tennis | Athletics Tennis | Cricket Rounders |
| Year 6 | Tag Rugby Gymnastics Swimming * | Fitness OAA | Hockey Handball | Football Basketball | Athletics Tennis | Cricket Rounders |

*Children who are yet to meet the National Standard.